

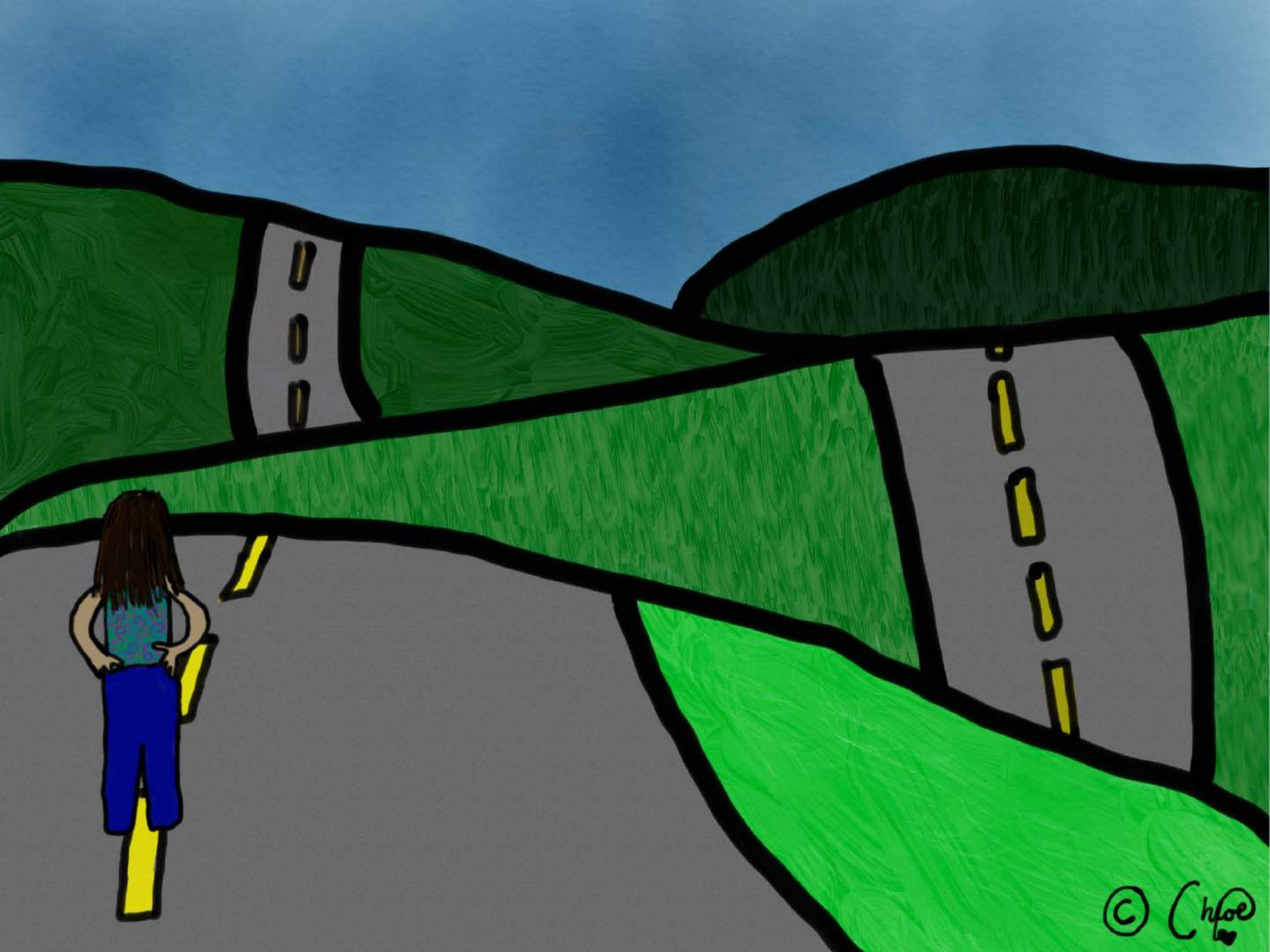


Life Journey of a Continual Reassessment Method Trial: Design, Conduct and Reporting

Christina Yap

**Reader in Biostatistics and Clinical Trials
University of Birmingham**

**NIHR Statistics Early Phase Clinical Trials Meeting
28th February 2019**



Outline

- Background
- Viola
 - A Phase I Trial in Acute Myeloid Leukaemia
- Design
- Conduct
- Reporting
- Experience Gained



Background

- It is *well established* that *model-based designs* are *superior* to rule-based designs in identifying the recommended phase II dose
- However, several commonly faced practical and methodological challenges remain and have limited their widespread use.
- Review of 1,235 phase I oncology trials published 1991- 2006, only 1.6% used model-based approaches (Rogatko *et al*, 2007), increasing to only 6.4% by 2012–2014 (van Brummelen *et al*, 2016)

Viola: Phase I Acute Myeloid Leukaemia (AML) Trial

Patient Population:

- Patients with AML who relapse after Allogeneic Stem Cell Transplantation

Primary Objective:

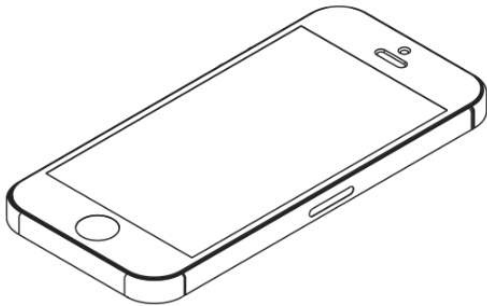
- ***Maximum Tolerated Dose (MTD)*** of combined Lenalidomide and Azacitidine with a target Dose Limiting Toxicity (DLT) probability of 20%

Trial Design: Modified Continual Reassessment Method (CRM)

Voting Time

Viola: How long do you think it took from initial conception to final publication?

Go to **www.menti.com** and use the code **49 10 0**



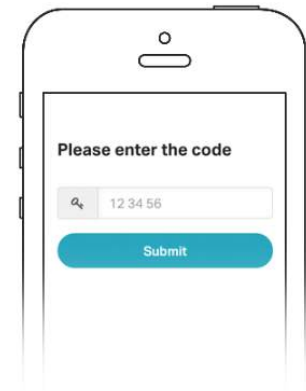
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Grab your phone

www.menti.com|

2

Go to **www.menti.com**

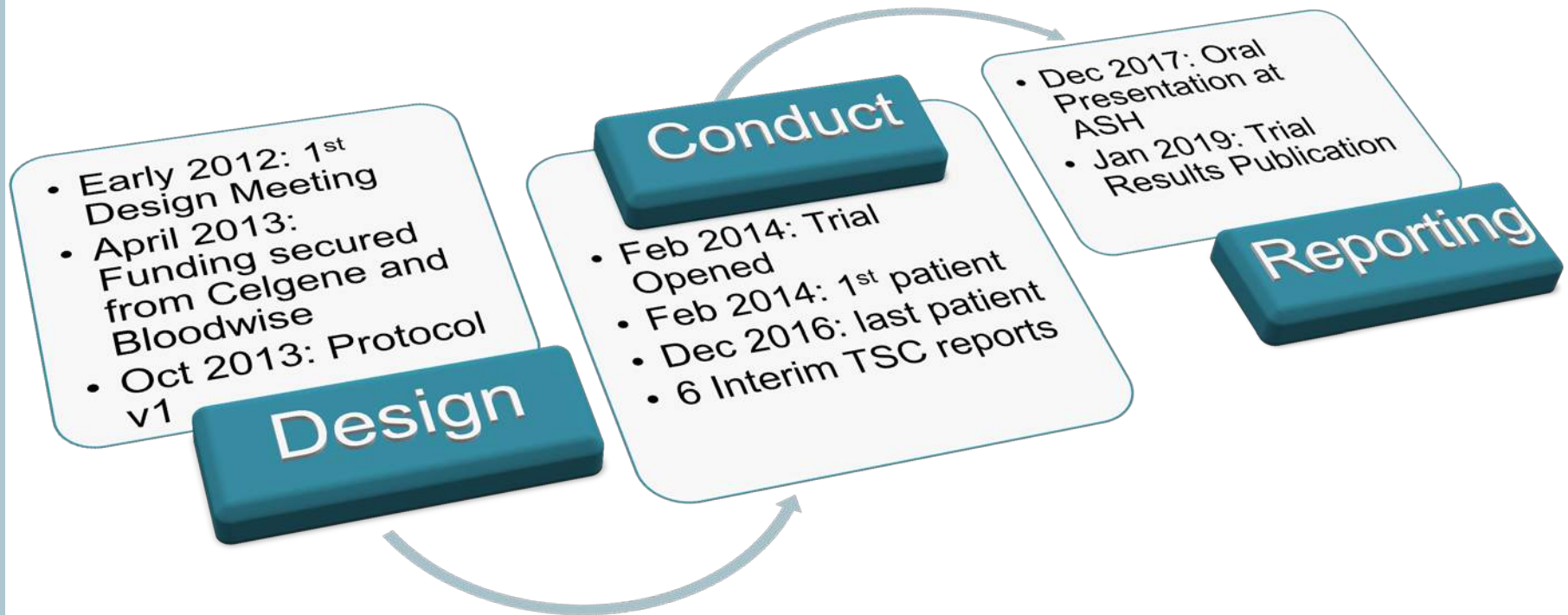


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Enter the code **49 10 0** and vote!

Viola: Initial Conception to Publication

Answer: 6 – 7 years



303 days from grant award to trial opening

Design

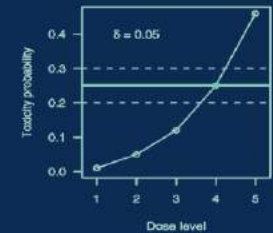
- At the point of designing Viola in 2012, < 7% trials have used **such designs globally** (van Brummelen *et al*, 2016)
- Viola - First UK academic-sponsored Phase I trial to use a Continual Reassessment Method (CRM)?



R dfcrm package

Chapman & Hall/CRC Biostatistics Series

Dose Finding by the Continual Reassessment Method



Ying Kuen Cheung

CRC Press
A CHAPMAN & HALL BOOK



Barriers in Implementing Model-Based Designs

(Yap et al 2013, Yap et al 2017, Love et al 2017)



Lack of knowledge



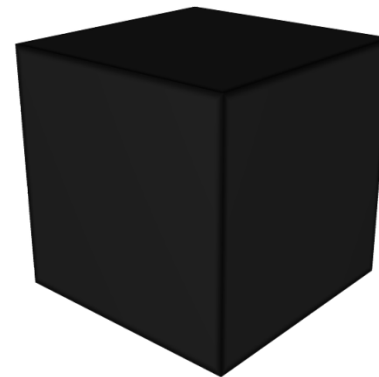
Lack of familiarity



Experience



Lack of training / expertise



Black Box

Viola: Clinical Parameters (Yap et al 2017)

1. 7 dose levels (Aza fixed)
2. Target DLT rate for MTD: 20%
3. Sample size: 27 (with possible extension of 3 patients)
4. Cohort size: 3
5. Initial guesses of toxicity rates (clinical/model specification*)

3+3 Design?

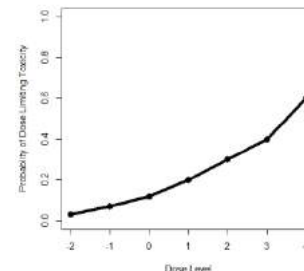
Starting dose

Prior MTD

Dose Level	d(-2)	d(-1)	d(0)	d(1)	d(2)	d(3)	d(4)
Lenalidomide (mg)	0	2.5	5	10	15	25	35
Prior DLT rates (skeleton)	0.03	0.07	0.12	0.2	0.3	0.4	0.52

* getprior from dfcrm

Viola: Model Specification (Yap et al 2017)



1. Dose Toxicity Curve, DTC:

Empiric Model, $P(\text{DLT at dose } d_j) = p_j^{\exp(\beta)}$

2. Estimation Approach: Bayesian (One-Stage)

3. Normal Prior for β with mean 0 and variance of 0.75

Starting dose



Prior MTD



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Viola: Practical Considerations

- No skipping of untried doses in escalation
- Allow skipping of untried doses in de-escalation
- ***How do you determine when to stop early, particularly when there is excessive toxicity?***

Viola: Practical Considerations

- No skipping of untried doses in escalation
- Allow skipping of untried doses in de-escalation
- Stopping Early Criteria
 - If there are 12 patients at the most recent MTD
 - If there is a high probability that the lowest dose is too toxic

Bayesian safety stopping early criterion

$P(\text{true DLT rate at lowest dose} > \text{target DLT rate} + x\% \mid \text{current observed data and prior information}) > y$

Stop early if $\Pr(\text{DLT rate at lowest dose} > 30\% \mid \text{data}) > 0.72$

where $x = 10\%$ and $y = 0.72$

Re-thinking on What is an “optimal” design?

Is it one with the ***best statistical properties*** demonstrated via simulations across several clinically relevant scenarios?



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How do you know if your chosen design is suitable, acceptable and will be adopted in the **actual trial**?



Re-thinking on What is an “optimal” design?

Is it one with the ***best statistical properties*** demonstrated via simulations across several clinically relevant scenarios?



How do you know if your chosen design is suitable, acceptable and will be adopted in the **actual trial**?



“If I were to do this,
I need to do it right...”



Overcoming Barriers in Practical Implementation

Statistics in CCR

Clinical
Cancer
Research

Dose Transition Pathways: The Missing Link Between Complex Dose-Finding Designs and Simple Decision-Making



Christina Yap¹, Lucinda J. Billingham¹, Ying Kuen Cheung², Charlie Craddock³,
and John O'Quigley⁴

Design Tool
Operational Tool

**Complex
Models**



**Simple
Decision
Making**

Overcoming

- ✓ Challenges in Investigators' buy-in
- ✓ Operational Challenges
- ✓ Methodological Challenges

Dose Transition Pathways: The Missing Link Between Complex Dose-Finding Designs and Simple Decision-Making

Christina Yap¹, Lucinda J. Billingham¹, and John H. van der Vaart¹

DTP projects in advance the doses recommended by a model-based design for subsequent patients (**stay, escalate, de-escalate, or stop early**), using all the accumulated information.

Complex
Models



Over

- ✓ C
- ✓ C
- ✓ M

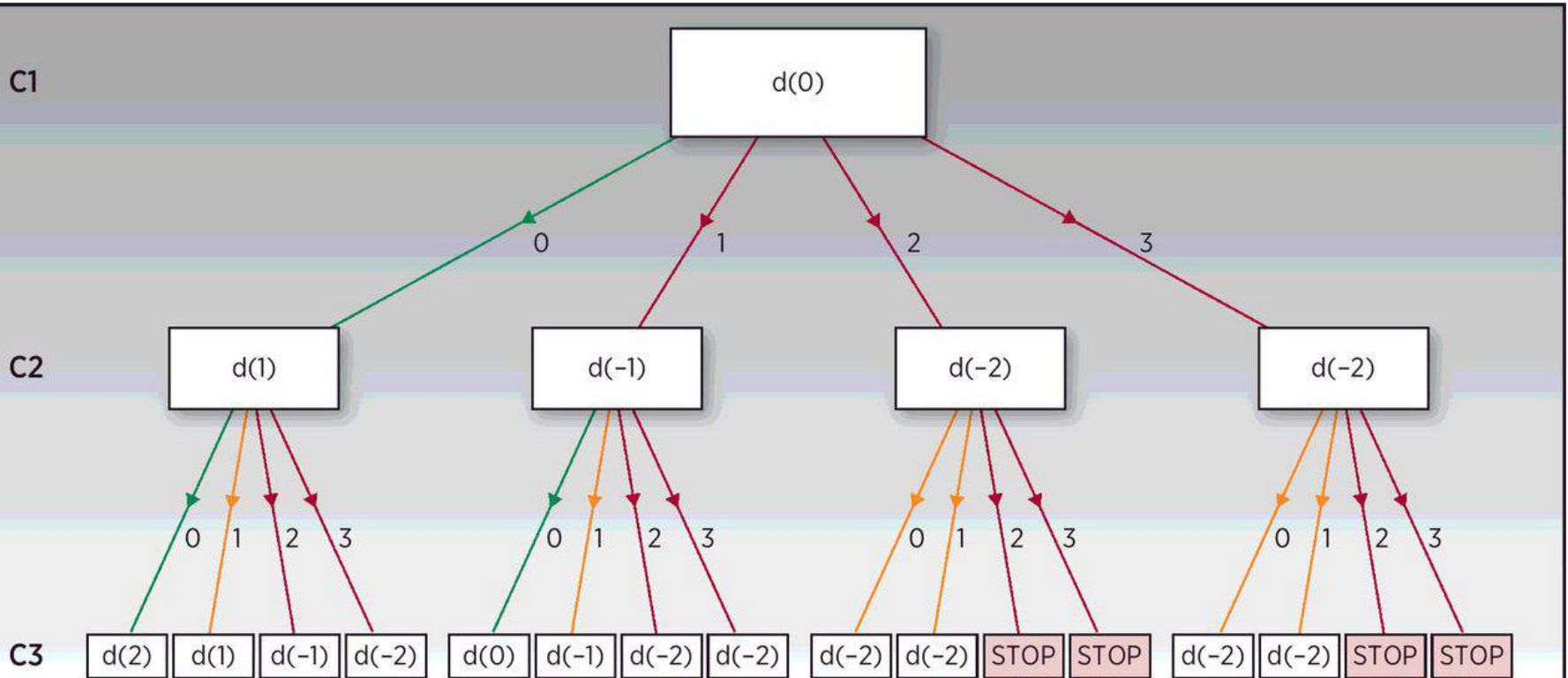


buy-in

Viola: Initial Dose Transition Pathways

(Cohorts of 3)

(Yap et al, CCR 2017)



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Statistics in CCR

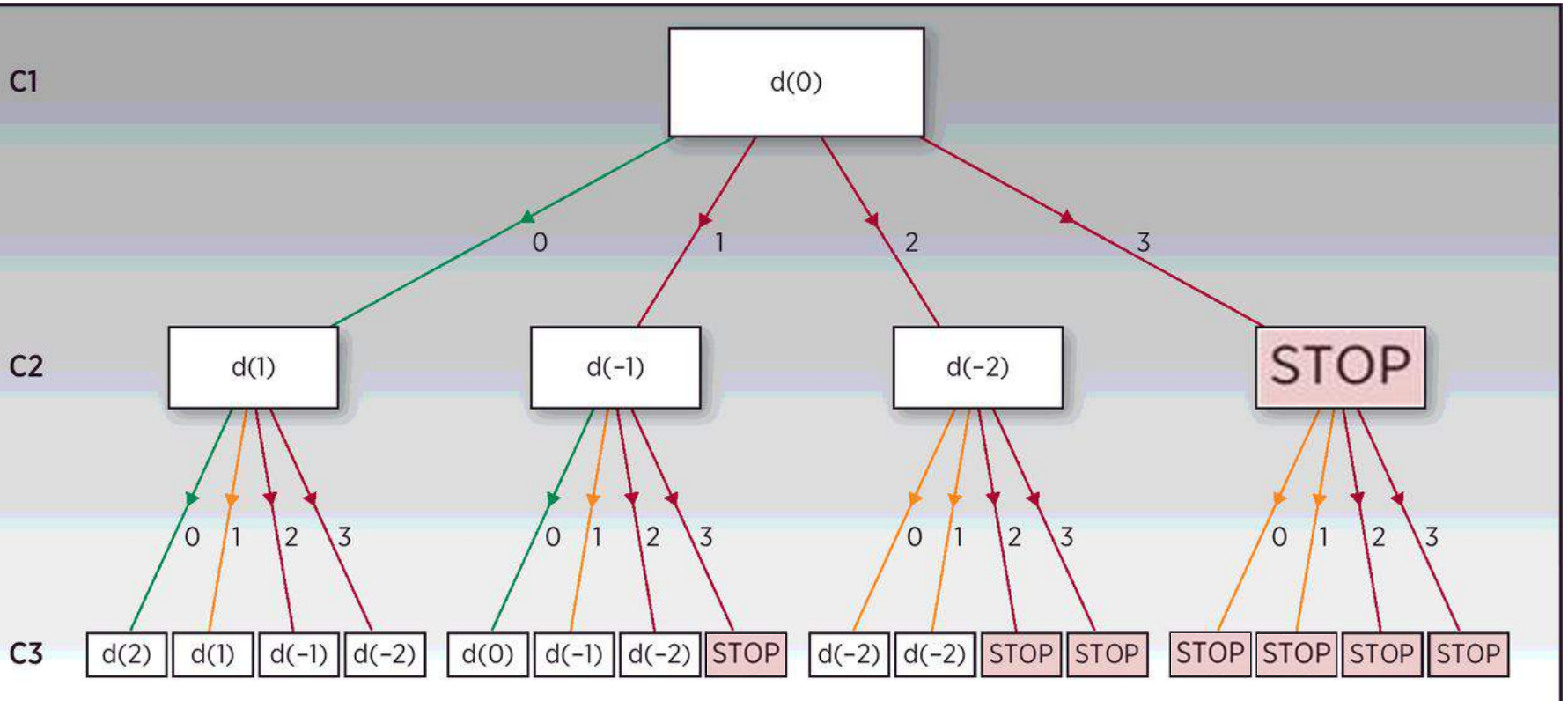
AAGR

Stop early criteria for excessive toxicity:
if $\Pr(\text{DLT rate at lowest dose} > 30\% \mid \text{data}) > 0.72$

Viola: Initial Dose Transition Pathways

(Cohorts of 3)

(Yap et al, CCR 2017)

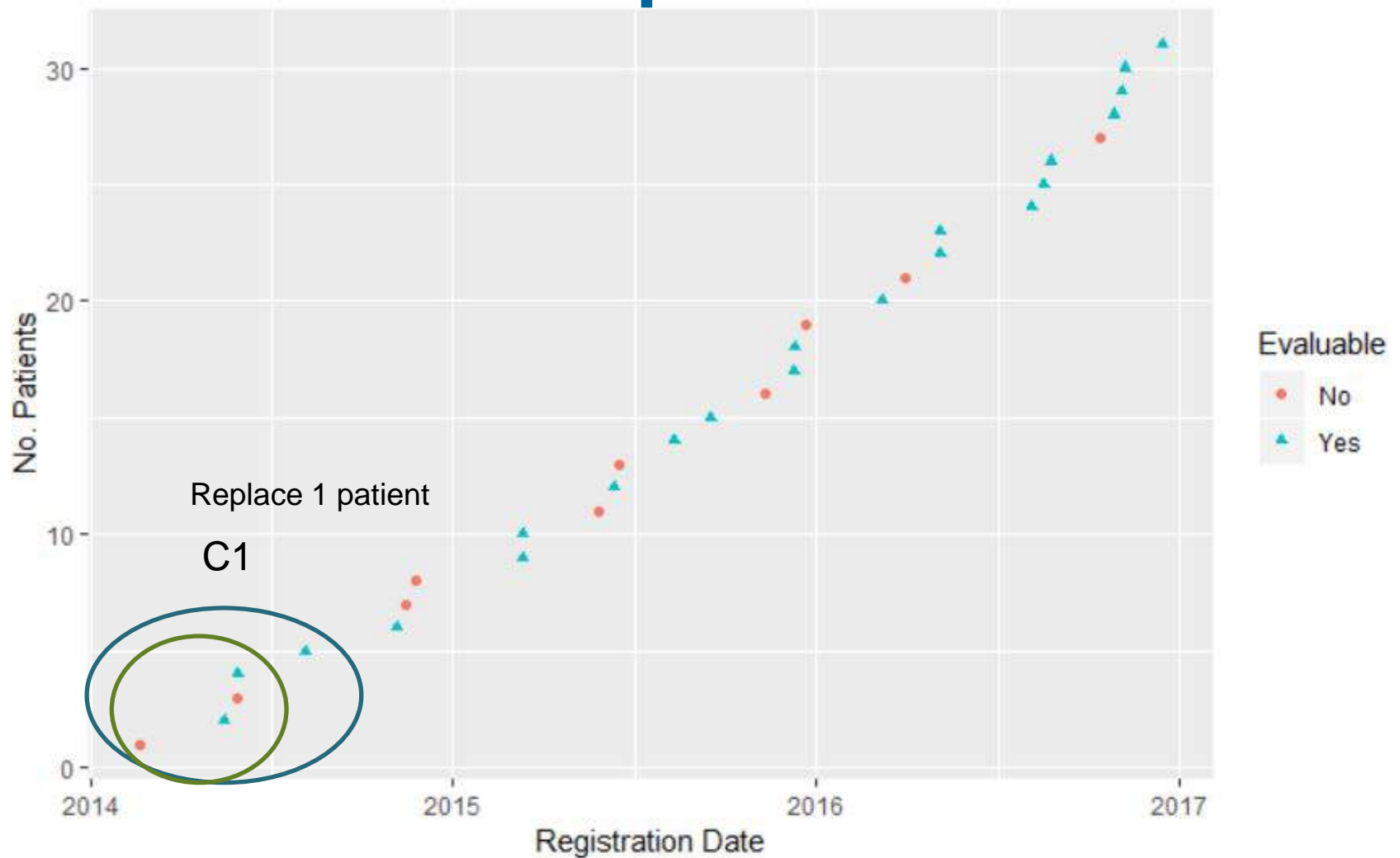


Stop early criteria for excessive toxicity:

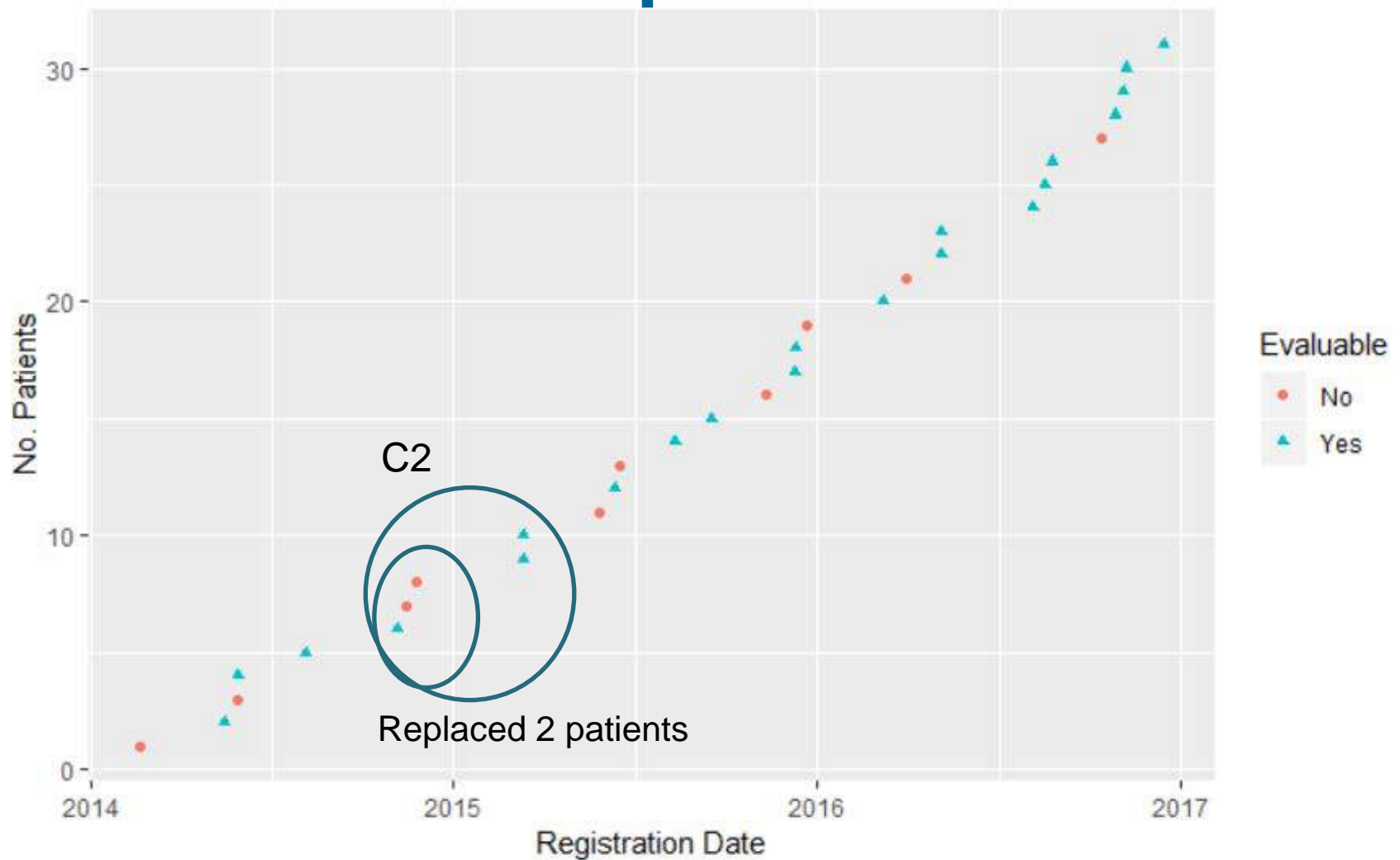
if $\Pr(\text{DLT rate at lowest dose} > 30\% \mid \text{data}) > 0.6$

Conduct

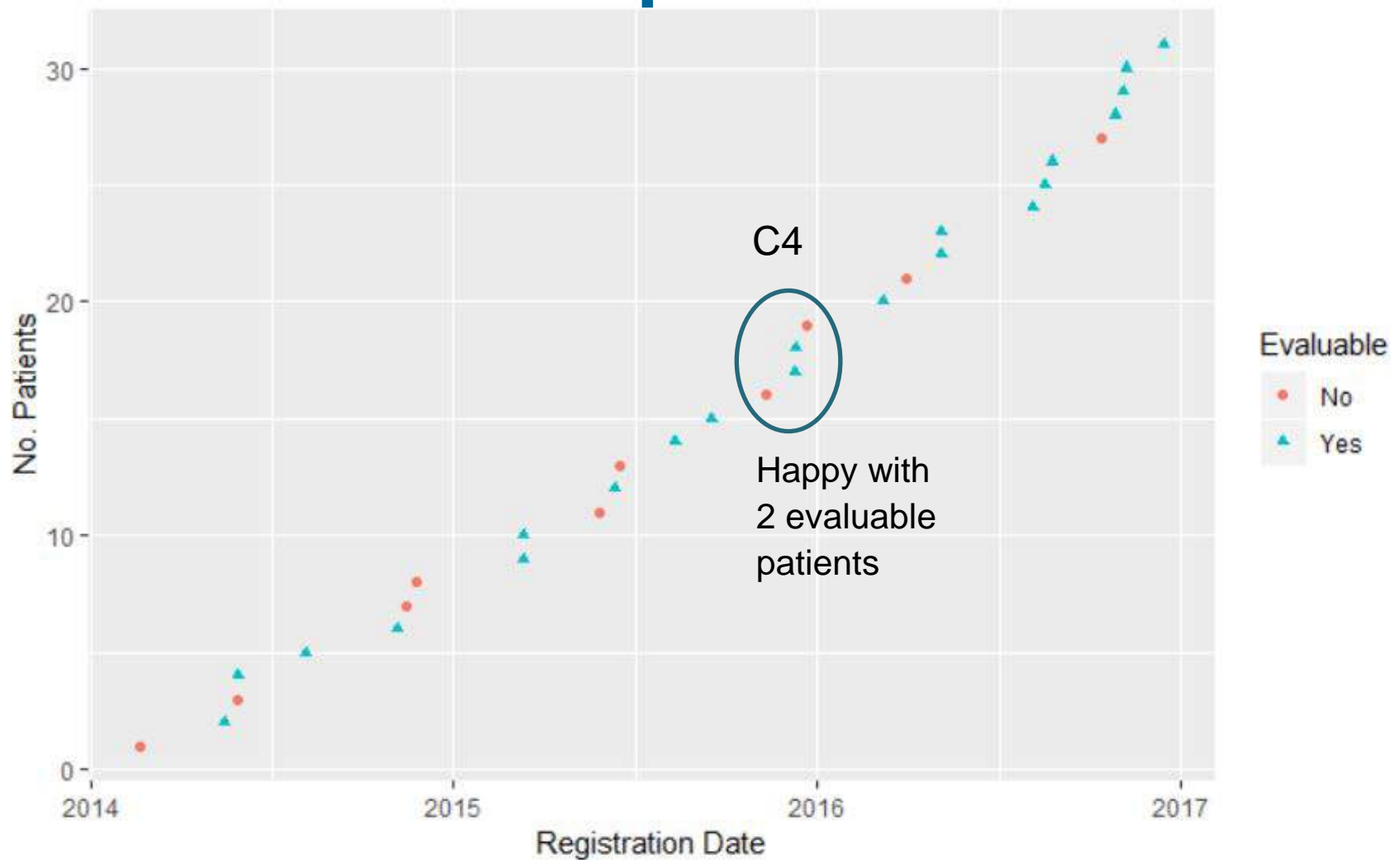
Recruitment Graph



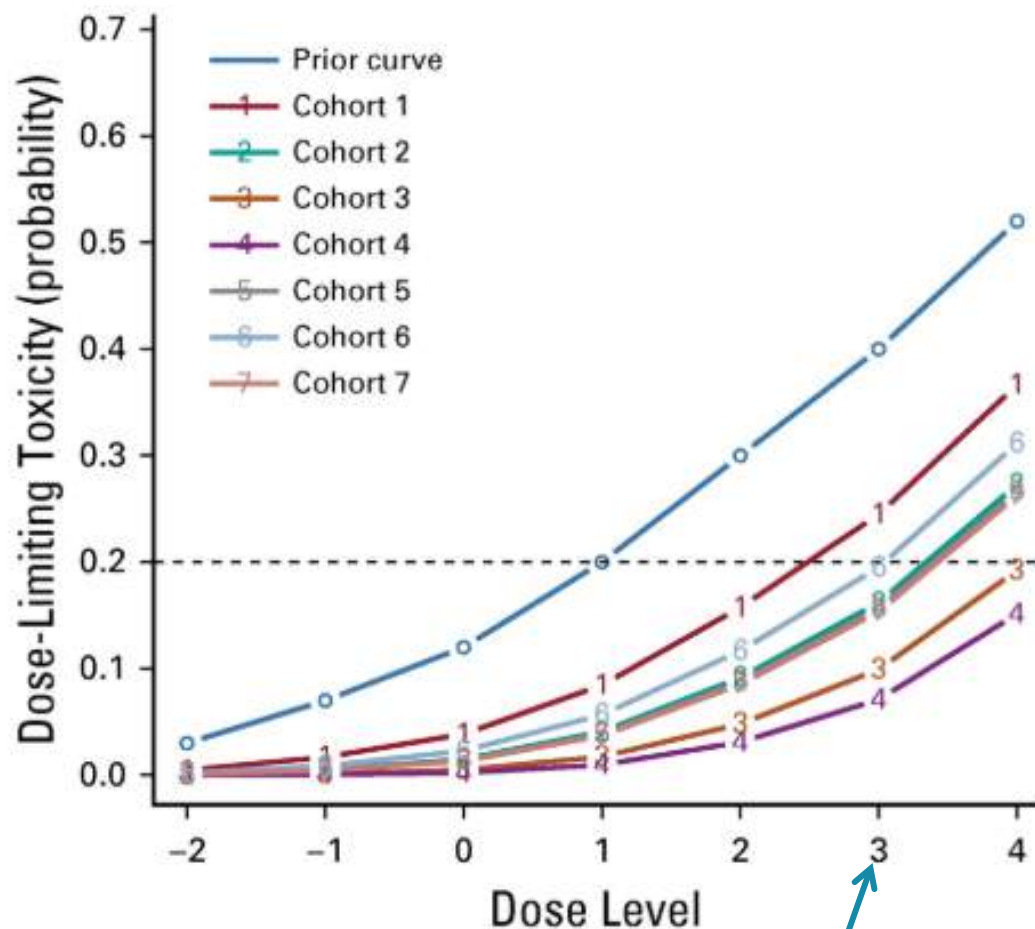
Recruitment Graph



Recruitment Graph



Updated Dose Toxicity Curves



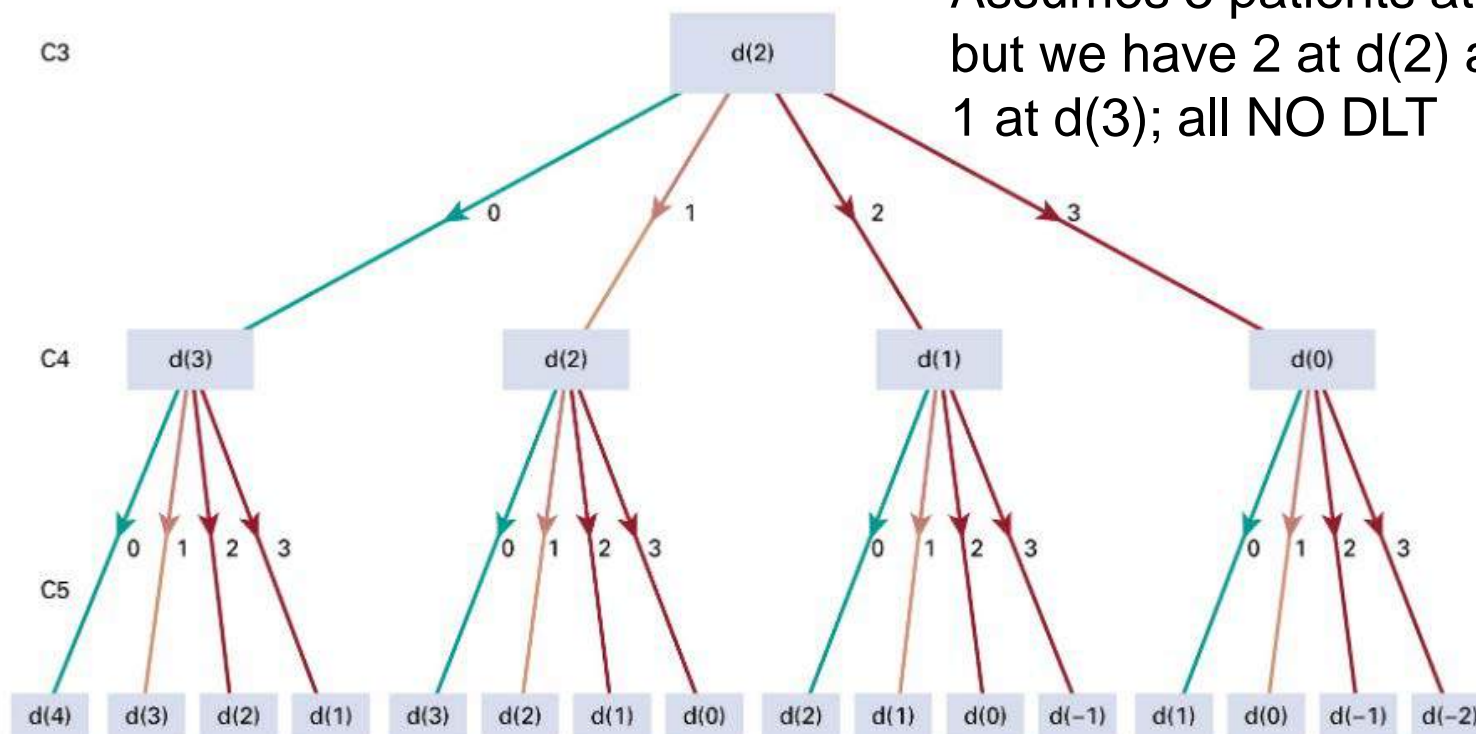
MTD

Cohort	Dose	#DLT/#patients
1	0	0/3
2	1	0/3
3	2	0/2
	3	0/1
4	3	0/2
5	3	1/3
6	3	1/3
7	3	0/4

DTP for Cohorts 3 to 5

After 0/3 DLT for both d(0) and d(1)

A



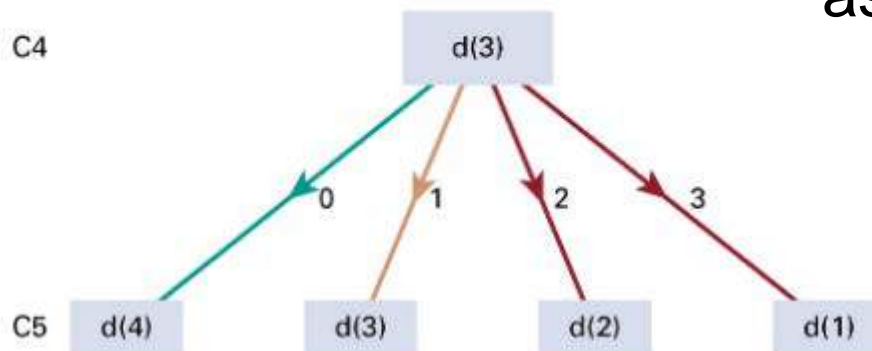
Assumes 3 patients at d(2),
but we have 2 at d(2) and
1 at d(3); all NO DLT

d(2): dose 2
C3: Cohort 3

Update DTP with accumulated information

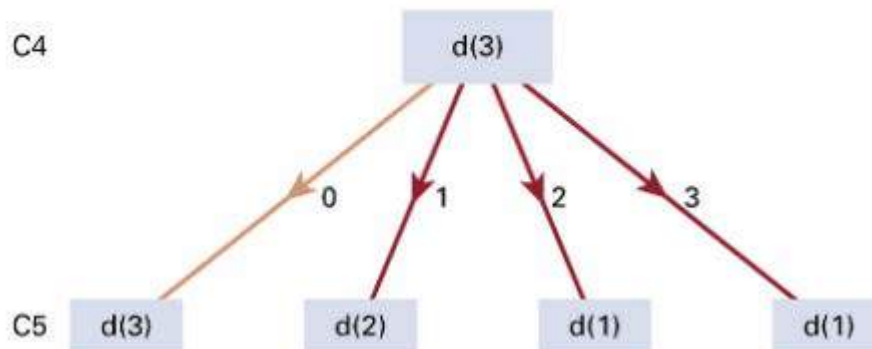
DTP is the same as previous

B



If patient at d(3) has a DLT,

C



Reporting

original report

Combination Lenalidomide and Azacitidine: A Novel Salvage Therapy in Patients Who Relapse After Allogeneic Stem-Cell Transplantation for Acute Myeloid Leukemia

Charles Craddock, MD^{1,2}; Daniel Slade, MSc²; Carmela De Santo, PhD²; Rachel Wheat, MSc²; Paul Ferguson, MD³; Andrea Hodgkinson, PhD²; Kristian Brock, MSc²; Jamie Cavenagh, MD⁴; Wendy Ingram, MD⁵; Mike Dennis, MD⁶; Ram Malladi, MD¹; Shamyla Siddique, MPhil²; Francis Mussai, MD²; and Christina Yap, PhD²

Dose levels and Estimated DLT rates

(Craddock et al JCO 2019)

TABLE 1. Dose Levels and Prior and Posterior Probabilities of DLTs for Each Dose Level With Associated 90% Probability Intervals (based on the CRM dose-toxicity model)

Combination Dose of LEN With 75 mg/m ² AZA	Prior DLT Rate	No. of Evaluable Patients	No. of DLTs	Posterior DLT Rate (90% probability interval)
Dose -2 (AZA only)	0.03	0*	0*	0.001 (0-0.012)
Dose -1 (2.5 mg LEN)	0.07	0*	0*	0.004 (0-0.035)
Dose 0 (5 mg LEN)	0.12	3	0	0.013 (0.001-0.068)
Dose 1 (10 mg LEN)	0.20	3	0	0.037 (0.005-0.131)
Dose 2 (15 mg LEN)	0.30	2	0	0.085 (0.019-0.218)
Dose 3 (25 mg LEN)	0.40	13	2	0.153 (0.048-0.314)
Dose 4 (35 mg LEN)	0.52	0*	0*	0.263 (0.115-0.437)

Abbreviations: AZA, azacitidine; CRM, continuous reassessment method; DLT, dose-limiting toxicity; LEN, lenalidomide.

*Untested doses.

Recommended MTD is **25 mg LEN**
(Posterior DLT rate of 15.3% is closest to target of 20%)

What Benefits Have We Seen?

(Yap et al CCR 2017, Craddock et al JCO 2019)



Use of CRM coupled with DTP

At the Design Stage

- Better engagement, communication and understanding
- Provides greater confidence on a desirable design that is suitable & ***applicable*** in practice
- **Simulations** assess the **overall performance** and **DTP** help to **fine-tune** it
→ ***acceptable in practice***

What Benefits Have We Seen? (cont...)

- **At the Trial Conduct Stage**
 - Ease of use of DTP by trial managers and Trial Steering Committee (TSC)
 - Not a black-box; does not need to have a statistician to be “on call” at all times
- **At the Analysis Stage**
 - pre-analyse
 - Allowed the flexibility to decide in advance with TSC that if no DLT occurred, dose could be escalated as projected by DTP without a formal meeting.

What Benefits Have We Seen? (cont...)

(Craddock et al JCO 2019)

Expected Benefits

- Majority of patients treated at the MTD (62%, 13/21)
- Higher accuracy in determining the MTD.

Unexpected Challenges

- Dosing error
- Cohort size variation due to early patient drop out

The CRM design coped effectively with the unexpected challenges and provided the flexibility of not having to replace inevaluable patient(s) in a cohort → saving time and resources

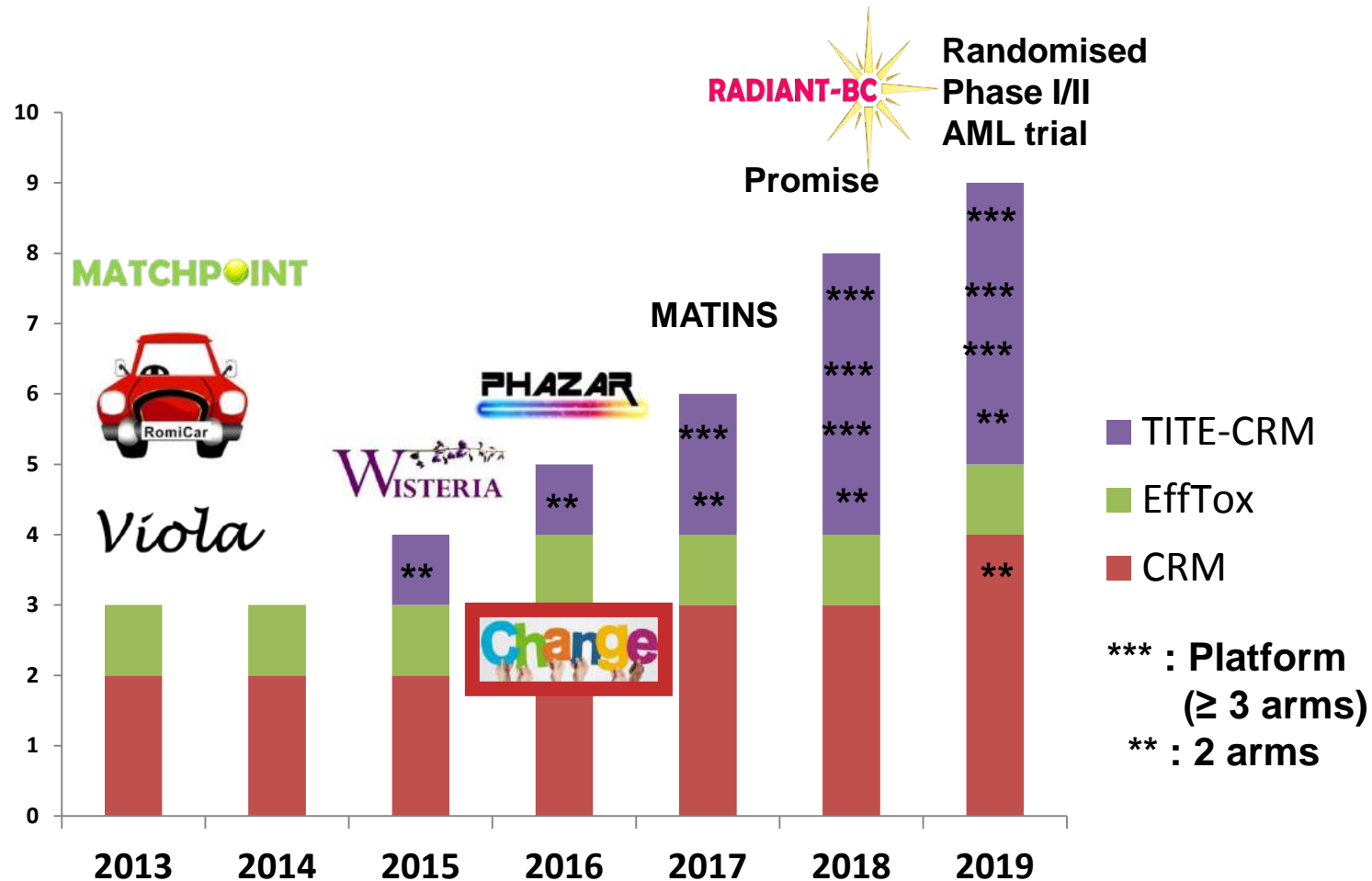
Would I do it again?

Leap of Faith



One of the greatest rewards as a statistical methodologist and trialist is to witness how one's “masterpiece” benefits the actual trial and ultimately the patients!

My Journey with Model-Based Dose-Finding Trials in Cancer...



Experience gained...

ENGAGEMENT

↑ confidence will ↑ uptake



- The “**optimal**” adaptive design to be implemented might not necessarily be one with the best statistical properties
- **Close interaction** with clinical investigators and trial managers to produce a suitable, ***acceptable*** design tailored to the needs of the trial is crucial
 - Incorporate clinical judgements
 - Take into account operational aspects

Your Plan



STRAIGHTNESS TRAINING
Marijke de Jong

Reality



A flexible design that can adapt easily is even more attractive here!

Final Comments

- **DTP** can serve as a valuable *design, operational* and *analysis* tool
- Advocate use of DTP as an *integral* procedure in the co-development and successful implementation of practical model-based designs by statisticians and investigators
- R package and shiny app (to be released soon)

Acknowledgements

Co-authors of Viola Trial Paper: C Craddock, D Slade, CD Santo, R Wheat; P Ferguson, A Hodgkinson, K Brock, J Cavenagh; W Ingram; M Dennis; R Malladi; S Siddique, F Mussai

Viola Trial Steering Committee: U Platzbecker; J Wason, R Kavita

Co-authors of DTP paper: L Billingham, K Cheung, C Craddock, J O'Quigley

Funders: CRUK, Celgene and Bloodwise (Trials Acceleration Programme)

For all listed trials:

All involved including funders,
Trial Management Groups,
Independent Safety Committees,
Chief Investigators (C Craddock,
G Collins, M Copland, H Mehanna,
M Drummond, A Mead,
C Palmeri & A Kong),
Trial Statisticians (D Slade, A Kirkham,
K Brock, A Jackson, R Boucher,
I Ahmed, SM Vicente & J Khan) and
Patients and Families



A Team Effort

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Thank You

THE SLIDE MAN – QUESTION MARK



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